

HEAT SHOCK AND THE HEAT SHOCK PROTEINS: AN OVERVIEW

Sumira Bashir¹, Humaira Bashir², Syed Shuja Qadri³

¹ Department of Biochemistry, University of Kashmir, Srinagar, Jammu & Kashmir, India

² Department of Microbiology, Sheri-i-Kashmir Institute of Medical Sciences, Srinagar, Jammu & Kashmir, India

³ Department of Community Medicine, Sheri-i-Kashmir Institute of Medical Sciences, Srinagar, Jammu & Kashmir, India

Correspondence to: Syed Shuja Qadri (ssaqadri@yahoo.com)

DOI: 10.5455/ijmsph.2013.100620131

Received Date: 05.06.2013

Accepted Date: 10.06.2013

ABSTRACT

Organisms are exposed to a variety of stressful conditions that damage important cellular structures and interfere with essential functions. In response to heat and other insults, cells activate an ancient signalling pathway leading to the transient expression of heat shock or heat stress proteins (HSPs). HSPs exhibit sophisticated protection mechanisms that protect the damaged cells. HSPs assist in protein folding, translocation and assembly of newly synthesized polypeptides. They also stabilize proteins during heat shock and other stresses, thus contributing to cell survival after injury. The elevated expression of stress proteins is considered to be a universal response to adverse conditions. In this Review we summarize the concepts of the HSPs protective mechanism.

KEY-WORDS: Heat Shock; Polypeptides; Cellular Structures; Heat Stress Proteins

Introduction

Natural and farming environments can be variable and unpredictable. Environmental stresses influence a plethora of physiological activities in living organisms. In some habitats, a stress from daily or seasonal fluctuation of environmental temperature causes an organism to respond by inducing sets of proteins including heat shock proteins (HSPs) and this process is known as a heat shock response or stress response. In addition to heat stress, HSPs respond to other factors such as pathogen infection, oxidative stress, heavy metals and xenobiotic stresses. The name of these proteins however was derived from the first trigger i.e. heat that was identified as increasing their synthesis. These HSPs, are commonly referred to as “molecular chaperones”.^[1-3]

One of the most amazing aspects of heat shock response is that it is triggered by a temperature increase of just a few degrees. This is even true for organisms living at extreme temperatures. This is because of the dynamic character of proteins. Proteins have to compromise on the requirements for structural stability and functional flexibility. Therefore the energy of stabilization of a folded protein is relatively low (30-65 KJ/mol) and a

slight increase in temperature may cause labile proteins to lose their distinct native conformation. A small increase in temperature can cause protein unfolding, entanglement and unspecific aggregation.^[4,5] Many of the morphological and phenotypic effects of heat stress can be explained by the aggregation of proteins and an imbalance of protein homeostasis. Thus the deleterious accumulation of unfolding proteins is a signal to start counter measures. Heat shock has deleterious effects on the internal organization of cell beyond the unfolding of individual proteins. Structure and function of important organelles like golgi system, ER, mitochondria cytoskeleton is also affected in response to any kind of stress.^[6-8]

HSP70 Family: A Multi-Gene Family with Overlapping & Distinct Functions

Heat shock protein 70 (HSP70) are the molecular chaperones that assist in folding of newly synthesized polypeptides, refolding of misfolded proteins and translocation of proteins through biological membranes, and in addition have regulatory functions in signal transduction, cell cycle and apoptosis. Molecular chaperones of HSP70 family are also essential for the cell to survive environmental stress including heat shock. HSP70 family is structurally and

functionally conserved in evolution. Proteins of this class of chaperones have been found in nearly all organisms. *E. coli* contains at least two different HSP70 proteins, DnaK and Hsc66 and 14 different genes encoding HSP70 have been found in the genome of *Saccharomyces cerevisiae*. The human HSP70 family comprises of at least eight unique gene products that differ from each other by amino acid sequence, expression level and sub cellular localization. The prokaryotic version shares about 80% sequence identity with the eukaryotic HSP70 protein which is found in the cytosol and in the organelles such as ER, mitochondria and chloroplast.^[9-11]

Structure of HSP70

Prototypical HSP70 proteins contain a nucleotide binding domain (NBD) and a peptide-binding domain (PBD) that are connected by a flexible linker region that contributes to allosteric regulation of NBD and PBD activity. The HSP70 NBD has two structurally similar lobes (I and II) that comprise four sub units (IA, IB, IIA and IIB). Tight nucleotide binding occurs when domains of lobes I and II collapse around an ATP molecule. The peptide binding unit comprises of β sandwich subdomain (β -PBD) and an extended α -helical subdomain (α -PBD). Using a groove formed by the β subdomain in the PBD, HSP70 binds to protein that have exposed hydrophobic regions with an extended conformation and the α -helical part serves as a lid on the peptide binding unit without direct contact to the substrate. An ATP hydrolysis cycle regulates polypeptide binding and release by HSP70. In the ATP bound state (T state) the HSP70 PBD binds to substrate with low affinity as the NBD and PBD make extensive contacts with one another. However ATP hydrolysis to ADP drives a conformational change in the NBD-PBD interface in which the α -PBD closes over the β -PBD (R- State). T state is characterized by low affinity for substrates and fast rates of binding and release, whereas the ADP-liganded R state shows high affinity for substrates and slow kinetics. The conformational change results in high affinity substrate binding by HSP70. Subsequent nucleotide exchange to regenerate HSP70-ATP promotes the conformational change in the PBD that drives the substrate release. It is this cycle of HSP70 substrate binding and release that

prevents substrate aggregation, fosters proper folding and facilitates the engagement of newly synthesized proteins with their assembly partners.^[12-14]

The crystal structure of the DnaK peptide binding domain has confirmed that hydrophobic polypeptide of at least seven residues are optimal binding partners. The central residue of the heptamer is of particular importance for high affinity binding. It protrudes into a relatively large hydrophobic pocket on the floor of binding channel. The best fit is achieved by large hydrophobic amino acids. For high affinity binding, a bound peptide should not contain negatively charged residues, and positive charges can be present at the ends of the heptamer. The α -helical lid of the peptide binding domain can adapt two different states, open and closed. The interaction of the peptide binding domain with the N-terminal ATPase domain is of central importance. With ATP bound state, peptide can easily bind and dissociate, in an ADP state, the complex with the peptide is more stable. Both stages can be correlated with opening (ATP bound state) and closing (ADP bound state) of the α -helical lid.^[15-17]

The HSP70 system comprises of two cochaperones, an activating protein and a nucleotide exchange factor (NEF). The activating protein is the group of HSP40/J-domain containing proteins. They bind the non-native protein and deliver it to the HSP70. The J-domain of these proteins interacts with the ATPase domain of HSP70 and stimulates the hydrolysis of bound ATP.^[18-21] Exchange of nucleotide is facilitated by binding of the regulatory protein GrpE to the ATPase domain. GrpE is a protein of 22KDa that is thought to function mainly in initiating the release of bound peptides by causing the exchange of ADP for ATP. GrpE has been found to undergo a reversible thermal transition within the physiologically relevant temperature range while in DnaK and DnaJ no conformational transitions have been observed in this temperature range. Consistent with the structural data, the rate of the DnaJ-triggered T \rightarrow R conversion follows an Arrhenius temperature dependence, whereas the rate of the GrpE-dependent R \rightarrow T conversion increases less and

less with increasing temperature and even decreases above 40° C. Stabilizing the long NH₂-terminal helix pair of GrpE by an engineered disulfide bond abolishes the thermal transition in GrpE and reduces the deviation of the ADP/ATP exchange activity of GrpE from an Arrhenius temperature dependence, indicating that the long helix pair acts as the primary thermosensor of the chaperone system. The thermal responsiveness of GrpE is of functional significance. A mere increase in temperature results in a shift of DnaK from its low-affinity T state toward its high-affinity R state and thus in a higher fraction of substrate being sequestered by DnaK. Four unrelated groups of eukaryotic NEFs have been identified: homologs of the protein GrpE from the bacteria *Escherichia coli*; homologs of the human HSP70 binding proteins (HSPBP1), BAG (Bcl-2 associated athanogene) domain proteins and HSP110/HSP170 family members.^[18-20]

HSP90: An Essential Chaperone Machine

Although many types of cellular activity have been identified for the HSP70 proteins, the general roles of HSP90 and its many co-chaperones in vivo (e.g. p23, CDC37, AHA1, and SGT1) remain elusive, despite their conservation within eukaryotes. The HSP90 chaperone was identified originally in stable association with signalling proteins i.e. kinases and steroid receptors. Based on evolutionary considerations, cellular reliance on the Hsp90 chaperone system has increased significantly. Prokaryotes typically contain a single non-essential HSP90 gene (e.g. HtpG in *Escherichia coli*), yet eukaryotes often have multiple HSP90 genes that are essential and have acquired a collection of co-chaperone partner proteins that do not appear in prokaryotes. HSP90 defines a family of molecular chaperones that are highly conserved from prokaryotes to eukaryotes. This chaperone is peculiar in several ways. First, it does not seem as promiscuous in its substrate spectrum as GroEL/ES or HSP70. Second it does not bind unfolded proteins, but native like proteins. Third it appears to have evolved from a single component in prokaryotes to the most sophisticated chaperone machinery known in eukaryotes working together with a large cohort of cochaperones that associate in a defined order

during the chaperone cycle. More specifically, HSP90 is one of the most abundant proteins (1-2%) in the cytoplasm of unstressed cells where it performs housekeeping functions, controlling the stability, maturation, activation, intracellular disposition and proteolytic turn-over of a plethora of proteins generally termed as 'client proteins'.^[21-23]

HSP90 Architecture

Three highly conserved domains comprise the structure of HSP90. These include the N-terminal domain responsible for ATP binding, a proteolytically resistant and the C-terminal core domain that facilitates homodimerization (Terasawa K. et al 2005). In eukaryotes, a more variable charged region links the N-terminal domain to the core domain. The length and composition of this linker region is highly divergent among organisms. Structural analysis of the N-terminal domain of HSP90 revealed that this domain contains an ATP binding site. Additionally biochemical studies suggest that transitory interaction between two N-terminal domains of the HSP90 homodimer occurs in an ATP dependent manner, and this provides the mechanistic basis for the ATPase driven molecular clamp. Mutations in this region that impairs the ability of HSP90 to either bind or hydrolyze ATP eliminate its chaperone activity. HSP90 exerts its molecular chaperone activity by conformational cycles of binding and release which are dependent upon its ATPase activity. This ATP-driven conformational cycle is regulated by specific co-chaperones, such as HSP70, Hop, immunophilins, cdc37 and p23, that complex with HSP90 and assemble into the HSP90 chaperone machinery, in order to assist the loading and release of client proteins.^[24-26]

GroEL/ES: Essential for Folding in a Sequestered Folding Compartment

In contrast to members of the HSP70 family, which appears to bind and stabilize unfolded proteins, the GroEL/ ES family seem to actually promote or catalyze protein folding and/or assembly events This family of proteins first described in *E. Coli* consists of a larger 60 Kd subunit GroEL and a smaller but related 10 Kd

polypeptide GroES. In eukaryotic cells the homologs of both GroEL and GroES have been described and at least the larger molecular weight subunit is regulated in cells subjected to stress. This protein is often referred to as HSP58 or HSP60. So far HSP60 has only been described within either chloroplast or mitochondria. The HSP60 or GroEL related proteins exist as large oligomeric complexes, consisting of 14 subunits arranged as two rings, often referred to as a double donut. Similarly the smaller GroES subunit, at least in bacteria, also exists as a ring of seven identical subunits. In *E. Coli* GroEL/ES were shown to facilitate the orderly assembly of bacteriophage head complex in infected bacteria. Subsequent studies also implicated a role for GroEL/ES in a number of other bacterial processes, including DNA replication cell division and protein secretion. A GroEL related proteins have been isolated from plant chloroplast and shown to be equivalent to the so called rubisco binding protein. GroEL/ES purified from *E. coli*, can substitute for the related rubisco binding protein in facilitating the assembly of the rubisco complex in vivo. In yeast GroEL related proteins (HSP60) have been described and again appear to be an integral in facilitating higher ordered protein assembly events. For example via both genetic and biochemical studies, yeast HSP60 has been shown to interact with a variety of newly synthesized mitochondrial proteins, catalyzing their assembly into final oligomeric and enzymatically active form. Such processes appear to be dependent on ATP and probably require the assistance of additional component, one possibility being a eukaryotic homolog of GroES. On the basis of all these studies it has been suggested that GroEL provides a surface or workbench which binds to unfolded proteins, and through a series of ATP hydrolysis events, result in the proper folding of target polypeptide.^[27-29]

Small Heat Shock Proteins (sHSP): Structure and Chaperone Function

The super family of small heat shock proteins (sHSP) combines a large number of proteins having subunit molecular mass in the range of 12-43 KDa. All proteins belonging to this family contain α -crystallin domain that consists of 80-100 residues and is flanked on both sides by

variable N and C terminal ends. The small heat shock proteins are ubiquitous proteins that are expressed in all organisms except in some bacteria. Higher eukaryotes contain several genes encoding different forms of the small heat shock proteins. sHSP tend to form oligomers containing different number of monomers. The large oligomers of sHSP seem to be in rapid dissociation /association equilibrium with smaller oligomers and the dimer seem to be the preferential exchange subunit. In the vast majority of sHSPs structural changes by the assembly or disassembly or their oligomerization are prerequisite for their chaperone activity. While most chaperones machines such as DnaK-DnaJ-GrpE or GroEL-GroES consume energy, sHSPs are generally believed to be ATP independent. sHSP substrate have very diverse complex sizes since sHSP form a large multicomplex structures. As a consequence, sHSPs lack the folding and refolding capacities of the major chaperones, because the unfolding and release of folding intermediates cannot be triggered. Nevertheless, sHSPs have been added to the catalogue of molecular chaperones because they bind to denatured proteins as holding chaperones and thereby suppress the unintended interactions that may lead to the precipitation of aggregates.^[30-33]

All small heat shock possess chaperone like activity and prevent aggregation of denatured proteins. However, in addition to this common feature each sHSP has its unique properties. For instance HSPB6 plays important role in cardioprotection and phosphorylation of HSPB6 by cyclic nucleotide dependent protein kinase is associated with relaxation of smooth muscles. HSPB1 counteracts apoptosis, protects cytoskeleton and after phosphorylation is supposed to prevent relaxation of smooth muscles. Thus each of the sHSPs possesses unique properties that can be modified upon formation of oligomeric complexes.^[34-37]

Regulation of the Heat Shock Response

Heat shock response requires a specific transcription factor and in eukaryotes the critical regulator is heat shock factor, HSF1. Its binding to the heat shock element (HSE) on DNA initiates the assembly of the transcription machinery. In *E. coli*,

the regulatory protein $\sigma 32$ is responsible for HSP over expression. $\sigma 32$ is an alternative subunit of the bacterial RNA polymerase, which replaces the normal regulatory $\sigma 70$ protein under heat stress. HSF1 and $\sigma 32$ are not related in terms of structure or sequence, but they share basic mechanistic properties. It is believed that the disturbance of protein homeostasis leads to the activation of HSF1 and $\sigma 32$. A model for the regulation of HSF1 by chaperones has been proposed and subsequently refined. The chaperones HSP70, HSP90 (in eukaryotes), and HSP40 have the potential to inhibit Hsf1 and $\sigma 32$. Under permissive conditions, $\sigma 32$ is present in a complex with the HSP70 protein DnaK and its cofactor DnaJ. It is primed for degradation by these chaperones, thereby reducing its cellular level and keeping the heat shock genes untranscribed. According to the widely accepted chaperone titration model, the presence of increasing numbers of unfolded proteins upon heat shock releases $\sigma 32$ from these chaperone complexes, as chaperones are required to bind unfolded proteins. A similar model is suggested for the eukaryotic transcription factor HSF1. HSF1 is kept in an inactive complex together with components of the HSP90 chaperone system. The HSP70/ HSP40 system also binds HSF1 or acts as loading helper for the HSP90 system. Hsf1 regulation is more complex than that of $\sigma 32$, as phosphorylation, other post translational modifications, and oligomerization regulate HSF1 activity. In complex with chaperones, HSF1 is a monomer. Its release leads to homotrimerization and transport into the nucleus. Here HSF1 is hyperphosphorylated by several kinases. Further modification events, like sumoylation, regulate the activity of the final transcription factor complex. The chaperone titration model elegantly explains the inactivation of heat shock transcription factors in the presence of unemployed chaperones, and their dramatic activation if chaperones are busy due to the presence of unfolded proteins. Once the cell returns to normal function, the excess of free chaperones leads again to the down regulation of the transcriptional regulator.^[38-40]

Conclusion

The regulatory feedback system of the heat shock response is a protein based, very sensitive and

integrative thermometer itself, as it “measures” all deviations from physiological conditions based on their cumulative effects on cellular protein homeostasis. In this article, we have discussed the structure and function of different HSPs. Many questions on the structure of HSPs, function of HSPs and the heat shock response in general have been answered in the last decades. Substantial effort has gone into the mechanistic analysis of HSPs by a variety of biochemical and biophysical in vitro approaches, and this effort is expected to continue until an exhaustive understanding is achieved. It will also be important to understand the function of HSP networks not only in the context of heat shock and other stresses, but also, and may be more importantly, in the context of disease and aging.

References

1. Ritossa F. A new puffing pattern induced by temperature shock and DNP in *Drosophila*. *Experientia*.1962; 18:571-573.
2. Feder ME, Hofmann GE. Heat-shock proteins, molecular chaperones, and the stress response: evolutionary and ecological physiology. *Annu Rev Physiol*. 1999; 61: 243-82.
3. Kalmar B. Induction of heat shock proteins for protection against oxidative stress *Adv Drug Deliv Rev*. 2009. 61(4):310-318.
4. Makhatadze GI, Privalov PL. On the entropy of protein folding. *Protein Sci*. 1996; 5(3):507-510.
5. Minton AP. Implications of macromolecular crowding for protein assembly. *Curr Opin Struct Biol*. 2000. 10(1); 34-9.
6. Welch WJ, Suhan JP. Morphological study of the mammalian stress response: characterization of changes in cytoplasmic organelles, cytoskeleton, and nucleoli, and appearance of intranuclear actin filaments in rat fibroblasts after heat-shock treatment. *J Cell Biol*. 1985; 101(4):1198-1211.
7. Boulon S, Westman BJ, Hutten S, Boisvert FM, Lamond AI. The nucleolus under stress. *Mol Cell*. 2010; 40(2):216-227.
8. Patriarca EJ, Maresca B. Acquired thermotolerance following heat shock protein synthesis prevents impairment of mitochondrial ATPase activity at elevated temperatures in *Saccharomyces cerevisiae*. *Exp Cell Res*. 1990; 190(1):57-64.
9. Mayer M P, Bukau B. Hsp70 chaperones: Cellular functions and molecular mechanism. *Cell Mol Life Sci*. 2005; 62(6): 670-684.
10. Daugaard M, Rohde M, Jaattela M. The heat shock protein 70 family: Highly homologous proteins with overlapping and distinct functions. *FEBS Lett*. 2007; 581(19):3702-3710.
11. Willmund F, del Alamo M, Pechmann S, Chen T, Albanèse V, Dammer EB, et al. The cotranslational function of ribosome-associated Hsp70 in eukaryotic protein homeostasis. *Cell*. 2013; 152(1-2):196-209.

12. Zhu X, Zhao X, Burkholder WF, Gragerov A, Ogata CM, Gottesman ME, et al. Structural analysis of substrate binding by the molecular chaperone DnaK. *Science*. 1996; 272(5268):1606-14.
13. Flaherty KM, DeLuca-Flaherty C, McKay DB. Three-dimensional structure of the ATPase fragment of a 70K heat-shock cognate protein. *Nature*. 1990; 346(6285):623-628.
14. Pfanner A. Molecular chaperones: towards a characterization of the heat-shock protein 70 family. *Trends in Cell Biology*. 1997; 7(3):129-33.
15. Rampelt H, Mayer MP, Bukau B. Nucleotide exchange factors for Hsp70 chaperones. *Methods Mol Biol*. 2011; 787:83-91.
16. Jiang J, Maes EG, Taylor AB, Wang L, Hinck AP, Lafer EM, Sousa R. Structural Basis of J Co-chaperone Binding and Regulation of Hsp70. *Mol Cell*. 2007; 28(3):422-433.
17. Kampinga HH, Craig EA. The HSP70 chaperone machinery: J proteins as drivers of functional specificity. *Nat Rev Mol Cell Biol*. 2010; 11(8): 579-592.
18. Grimshaw JP, Jelesarov I, Schönfeld HJ, Christen P. Reversible thermal transition in GrpE, the nucleotide exchange factor of the DnaK heat-shock system. *J Biol Chem*. 2001;276(9): 6098-6104.
19. Grimshaw JP, Jelesarov I, Siegenthaler RK, Christen P. Thermosensor action of GrpE. The DnaK chaperone system at heat shock temperatures. *J Biol Chem*. 2003; 278(21):19048-53.
20. Siegenthaler RK, Grimshaw JPA, Christen P. Immediate response of the DnaK molecular chaperone system to heat shock. *FEBS Lett*. 2004; 562(1-3):105-110
21. Pratt WB, Toft DO. Regulation of signaling protein function and trafficking by the hsp90/hsp70-based chaperone machinery. *Exp Biol Med (Maywood)*. 2003; 228(2):111-33.
22. Johnson JL, Brown C. Plasticity of the Hsp90 chaperone machine in divergent eukaryotic organisms. *Cell Stress Chaperones*. 2009; 14(1): 83-94.
23. Taipale M, Jarosz DF, Lindquist S. HSP90 at the hub of protein homeostasis: emerging mechanistic insights. *Nat Rev Mol Cell Biol*. 2010; 11(7):515-528.
24. Prodromou C, Pearl LH. Structure and functional relationships of Hsp90. *Curr Cancer Drug Targets*. 2003; 3(5):301-23.
25. Pearl LH, Prodromou C. Structure and mechanism of the Hsp90 molecular chaperone machinery. *Annu Rev Biochem*. 2006; 75:271- 294.
26. Brown MA, Zhu L, Schmidt C, Tucker PW. Hsp90— from signal transduction to cell transformation. 2007; 363(2):241-246.
27. Cheng MY, Hartl FU, Martin J, Pollock RA, Kalousek F, Neupert W, et al. Mitochondrial heat-shock protein hsp60 is essential for assembly of proteins imported into yeast mitochondria. *Nature*. 1989; 337(6208):620-625.
28. Goloubinoff P, Christeller JT, Gatenby AA, Lorimer GH. Reconstitution of active dimeric ribulose biphosphate carboxylase from an unfolded state depends on two chaperonin proteins and Mg-ATP. *Nature*. 1989; 342 (6252):884-9.
29. Lubben TH, Gatenby AA, Donaldson GK, Lorimer GH, Viitanen PV. Identification of a groES-like chaperonin in mitochondria that facilitates protein folding. *Proc Natl Acad Sci USA*. 1990; 87(19):7683-7687.
30. Haslbeck M, Franzmann T, Weinfurter D, Buchner J. Some like it hot: the structure and function of small heat-shock proteins. *Nat Struct Mol Biol*. 2005; 12(10):842-846.
31. Sun Y, MacRae TH. Small heat shock proteins: molecular structure and chaperone function. *Cell Mol Life Sci*. 2005; 62(21):2460-2476.
32. Narberhaus F. α -Crystallin-type heat shock proteins: socializing minichaperones in the context of a multichaperone network. *Microbiol Mol Bio Rev*. 2002; 66(1):64-93.
33. Bova MP, Huang Q, Ding L, Horwitz J. Subunit exchange, conformational stability, and chaperone-like function of the small heat shock protein 16.5 from *Methanococcus jannaschii*. *J Biol Chem*. 2002; 277(41):38468-75.
34. Fan GC, Chu G, Kranias E.G. Hsp20 and its cardioprotection. *Trends Cardiovasc Med*. 2005; 15(4):138-141.
35. Fuchs LC, Giulumian AD, Knoepp L, Pipkin W, Dickinson M, Hayles C, et al. Stress causes decrease in vascular relaxation linked with altered phosphorylation of heat shock proteins. *Am J Physiol Regul Integr Comp Physiol*. 2000; 279(2): R492-R498
36. Arrigo AP. In search of the molecular mechanism by which small stress proteins counteract apoptosis during cellular differentiation. *J Cell Biochem*. 2005; 94(2):241-246.
37. Mounnier N, Arrigo AP. Actin cytoskeleton and small heat shock proteins: how do they interact? *Cell Stress Chaperones*. 2002; 7(2):167-176
38. Voellmy R, Boellmann F. Chaperone regulation of the heat shock protein response. *Adv Exp Med Biol*. 2007; 594: 89-99.
39. Rodriguez F, Arsene P, Rist W, Rudiger S, Mergener J, Mayer MP, et al. Molecular basis for regulation of the heat shock transcription factor sigma32 by the DnaK and DnaJ chaperones. *Mol Cell*. 2008; 32(3): 347-358.
40. Akerfelt M, Morimoto RI, Sistonen L. Heat shock factors: integrators of cell stress, development and lifespan. *Nat Rev Mol Cell Biol*. 2010;11(8): 545-555.

Cite this article as: Bashir S, Bashir H, Qadri SS. Heat shock and the heat shock proteins: An overview. *Int J Med Sci Public Health* 2013; 2:489-494.

Source of Support: Nil

Conflict of interest: None declared